

Rafan House *Harley Street*

Life, work, love and loss



For more information please contact:

Dr Emma Loveridge

Director

Rafan House

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www.rafanhouse.com

Consulting rooms across London

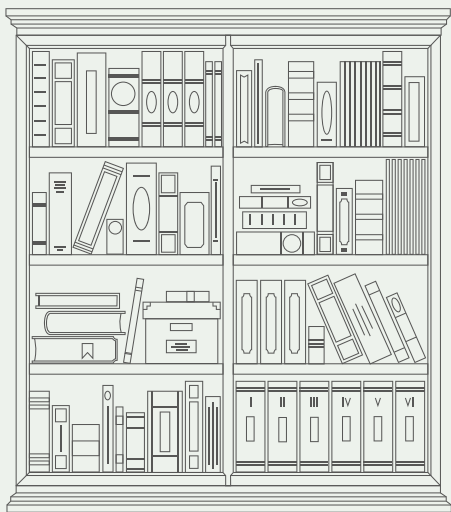
Rafan House Wood

a commemorative woodland – will be available to visit soon

For Schools, Heads and Governors

Rafan House is a clinical service in Harley Street, with an adolescent and child team. We're here to meet the needs of pupils and students struggling with emotional well-being when their specific needs go beyond a school's own pastoral systems and provision.

Heads can also recommend parents, individually or as a couple to our adult clinic.



We also offer a service where you can invite our team into your school should you need help dealing with emotionally exceptional circumstances such as: the death of a pupil, involvement in a court case, unexpected change of senior management or the need for cultural integration.

For some international students and parents we are able to provide therapy and counselling in their own language.

For You

There are times when the journey through life is a struggle. Rafan House can offer help with the following challenges and more:

- Stress, anxiety and depression
- Unhappiness
- Relationships
- Sex, sexuality and gender
- Infertility
- Illness, death, dying and bereavement
- Work and career
- Money
- Addiction

For Parents and Children

Being a parent can sometimes be a source of anxiety and concern. No matter how young or old your child is, sometimes we all need a little help around emotional relationships.

These are some of the things people talk to us about:

Divorce: impact on children, custody, new partners and step families

The unexpected: difficult scan, disability, illness, teenage pregnancy

Loss: miscarriage, death of a parent or child, empty nest

Education: making decisions, bullying, child development, homework struggles

Mental health: post-natal depression, eating disorders, addiction

Family conflict: inheritance, sibling rivalry, in-laws, loss of communication

Are You a Medical Referrer?

Rafan House offers compassionate, professional and discreet therapeutic interventions. We are unusual in that we have an integrated team who focus on individuals, couples and families who are facing ordinary, but nonetheless traumatic, difficulties that arise both professionally and personally.

We also specialise in short-term work for those who need to engage quickly in the decision making process while emotionally distressed, as well as long-term work for those who need continuity and consistency in treatment.

Who We Are

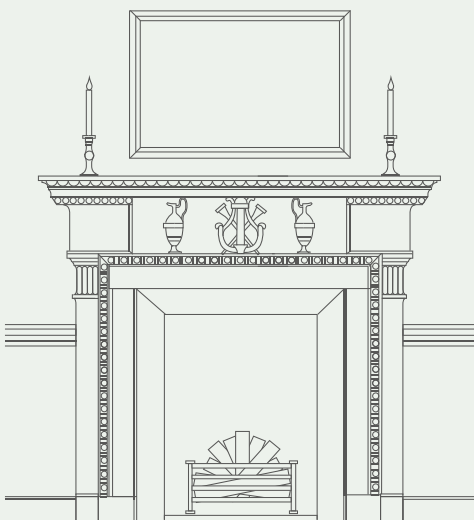
We have child/adolescent, couples and psycho-sexual specialists as part of our highly qualified, confidential, integrated team.



As a family or corporate lawyer, do your clients need emotional intervention/support?

When your clients/colleagues experience emotional flu (or worse), perhaps they could benefit from discreet conversations with one of our team.

Professionals use us because of our absolute discretion and capacity to engage with entrenched family or work relationships.



Why Therapists are the new Generation of Coaches!

HR directors and stressed out senior managers are recognising some people need more in-depth conversations beyond that which can be offered by a coach. Rafan House offers a solution to this dilemma with our deeply intuitive, inter-disciplinary trained specialists

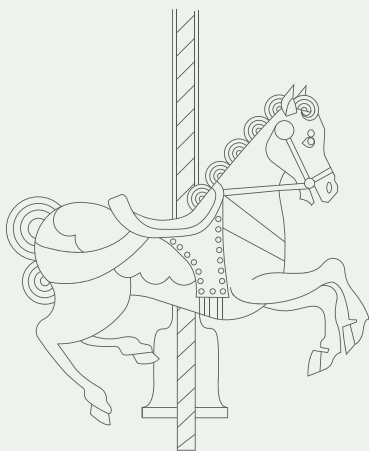
We also offer preventative well-being health checks and resilience training with our unique approach.

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The name 'Rafan' comes from a children's story about a wooden merry-go-round horse. The horse is going round and round on his carousel looking out at the world, distressed that he cannot engage in a life of his own.

In the story, a young child names the horse 'Rafan' and in this moment of transformation, the horse turns from wood to life and sets himself free.



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