

Rafan House
Harley Street

DISCREET, COMPASSIONATE, PROFESSIONAL

Healthy Minds, Healthy Schools:
The F words - Fear, Futility, Failure
Conference on Mental Health in Schools
for SLT and Pastoral Care Leaders

Wednesday November 13th, 2019

Royal Society of Medicine, London

We shall be looking specifically at issues such as so-called 'eco-anxiety' and 'fear of failure' in students. The premise is that anxiety over these issues is symptomatic of an internal anxiety which is not being addressed. We want to explore how schools can handle such anxieties in students.

Speakers/Panel to include:

Professor Philip Stokoe (Consultant in Psychotherapy)
Heather Hanbury (Headmistress, Lady Eleanor Holles School)
Sonia Appleby (Tavistock Clinic)
Dr Emma Loveridge (Director, Rafan House)
David Thomson (Director, Futuremind)
Annabelle Roberts-Ingrand (CEO, Present Perfect)

There will be an opportunity for delegates to trial The Cambridge Code, a new online diagnostic tool for mental health and wellbeing.

Cost: £275 per person, including lunch and evening reception
Rate reduced for multiple delegates from same organisation

To register and for more information, contact
llangford@rafanhouse.com

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